

Recommended Special Circumstances Resources

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Need More Resources? Bonus Intervention Leads

Check evidence based websites (see handouts) and
Check the following key materials:

Resources for School Practice

- Intervening in children's lives: an ecological, family-centered approach to mental health care
 - Thomas J. Dishion, Elizabeth A. Stormshak 0 Reviews
- American Psychological Association, 2007 - 319 pages
Thomas J. Dishion and Elizabeth A. Stormshak family-centered, ecological approach, which engages children, adolescents, and their families.
- POSITIVE PARENTING PROGRAM (Triple P Parenting)
 - <http://www.triplep-america.com>
 - Psychologists, psychiatrists, and social workers working intensively with families presenting with multiple problems, are best suited to train in the Standard and Enhanced Triple P courses.
- LIVING WITH CHILDREN - *Gerald Patterson*
 - Shows how children learn behavior and how they actually train adults to behave. Written in a programmed format that makes learning quick and easy. Published by Research Press.

Screen for Child Anxiety Related Disorders (SCARED)

- FREE at: <http://www.cebc4cw.org/assessment-tool/screen-for-childhood-anxiety-related-emotional-disorders-scared/>
- The SCARED is a child and parent self-report instrument used to screen for childhood anxiety disorders including general anxiety disorder, separation anxiety disorder, panic disorder, and social phobia. In addition, it assesses symptoms related to school phobias. The SCARED consists of 41 items and 5 factors.
- Availability: Free for download on website:
<http://www.wpic.pitt.edu/research/AssessmentTools/default.htm> A

CAFAS Child/Adolescent Functioning Assessment Scale

Caregiver Scale:

- **Material Needs** - Extent to which the youth's need for resources such as food, clothing, housing, medical attention and neighborhood safety are provided for
- **Social Support** - The extent to which the youth's psychosocial needs are met by the family

Youth Scale:

- **Moods** - Modulation of the youth's emotional life
- **Self-Harm** - Ability to cope without resorting to self-harmful behavior or verbalizations
- **Substance Use** - Substance use and the whether it is inappropriate or disruptive
- **Thinking** - Ability of the youth to use rational thought processes
- **School** - Ability to function satisfactorily in a group educational environment
- **Home** - Willingness to observe reasonable rules and perform age appropriate tasks
- **Community** - Respect for the rights and property of others and conformity to laws
- **Behavior Towards Others** - Appropriateness of youth's daily behavior

Special Circumstances Treatment: *Habit Reversal*

- John Piacentini
Professor of Psychiatry and Biobehavioral Sciences at the UCLA School of Medicine and Director of the Child OCD, Anxiety, and Tic Disorders Program at the UCLA Semel Institute.
<http://www.semel.ucla.edu/caap>
http://tsa-usa.org/aProfessionals/ClinicalCouns/images/Piacentini_4thIntl.pdf

Special Circumstances Treatment: *School Refusal and Selective Mutism*

- Christopher Kearney, PhD
Professor of Psychology and Director of Clinical Training at the University of Nevada, Las Vegas. He is also Director of the UNLV Child School Refusal and Anxiety Disorders Clinic.
- See books, manuals, articles on internalizing protocols:
<http://faculty.unlv.edu/wpmu/ckearney/books-and-ordering-information/>

Special Circumstances Treatment: *Suicidal Thinking and Self Injury*

- Matthew K. Nock
Harvard University Director of Laboratory for Clinical and Developmental Research. A highly respected and prolific scholar in the area of self injury, suicide, and other topics; follow his work!
<http://www.wjh.harvard.edu/%7Enock/nocklab/publications.html>
- Schools and Suicide Prevention Resources
<http://csmh.umaryland.edu/Resources/ClinicianTools/suicidepreventionresources7.pdf>

Signs of Suicide (SOS) and Signs of Self Injury

- The SOS High School program is the only school-based suicide prevention program listed on the SAMHSA's NREPP (National Registry of Evidence-based Programs and Practices) that addresses suicide risk and depression, while reducing suicide attempts.
<http://www.mentalhealthscreening.org/programs/youth-prevention-programs/sos/>

Other Training, Forms, Suicide Interviewing and Planning

- <http://csmh.umaryland.edu/Resources/ClinicianTools/suicidepreventionresources7.pdf>
- http://www.suicidology.org/c/document_library/get_file?folderId=235&name=DLFE-141.pdf
- <http://www.livingworks.net/>