

Mental Health Treatment Plan

Date: _____ Student: Andre Type of Service: Residential Start Date: _____ Duration: 6 months

Area of Need: Peer Interactions

Present Level: Andre can be verbally antagonistic, argumentative, and insensitive to others' feelings on a daily basis. He shows poor boundaries and makes sexually inappropriate comment on 4/5 days.

Measurable Long-Term Goal: By six months, Andre will show appropriate peer interactions on 4/5 days.

<u>Parents will be informed of progress</u>	<u>Periodic Review Dates</u>	<u>Progress Toward Goal</u>	<u>Sufficient Progress to Meet Goal</u>
<input type="checkbox"/> Quarterly <input type="checkbox"/> Trimester <input type="checkbox"/> Semester <input type="checkbox"/> Other: _____ <u>How?</u> <input type="checkbox"/> Annotated Goals/Objectives <input type="checkbox"/> Other: _____	1. _____ 2. _____ 3. _____ 4. _____	1. _____ 2. _____ 3. _____ 4. _____	<input type="checkbox"/> Yes <input type="checkbox"/> No _____ <input type="checkbox"/> Yes <input type="checkbox"/> No _____ <input type="checkbox"/> Yes <input type="checkbox"/> No _____ <input type="checkbox"/> Yes <input type="checkbox"/> No _____

Benchmark/Short-Term Objective: By two months, Andre will identify internal and external triggers for his antagonistic behavior. He will identify motivations for his verbal aggression, and 2-3 more appropriate ways to get his needs met. He will develop a plan to interrupt his aggressive or insensitive responses, and replace them with appropriate social interactions.

Date:
 Achieved
 Reviewed

Person(s) Responsible: therapist, teacher, parent, student

Benchmark/Short-Term Objective: By four months, Andre will learn 2 ways to be aware of others' feelings. He will devise at least one way to ascertain how his behavior affects others, and use this 1X/day. He will utilize his plan (above) to improve his peer interactions to 2/5 positive days.

Date:
 Achieved
 Reviewed

Person(s) Responsible: therapist, teacher, parent, student

Area of Need: Andre shows impulsive and risky or dangerous behavior when upset. Relationship issues appear to be a frequent trigger for this behavior.

Present Level: 1-4X/month

Measurable Long-Term Goal: By six months, Andre will utilize safe methods of expressing his feelings, and reduce impulsive and risky behaviors to zero occurrences in a one-month period.

<u>Parents will be informed of progress</u>	<u>Periodic Review Dates</u>	<u>Progress Toward Goal</u>	<u>Sufficient Progress to Meet Goal</u>
<input type="checkbox"/> Quarterly <input type="checkbox"/> Trimester <input type="checkbox"/> Semester <input type="checkbox"/> Other: _____ <u>How?</u> <input type="checkbox"/> Annotated Goals/Objectives <input type="checkbox"/> Other: _____	1. _____ 2. _____ 3. _____ 4. _____	1. _____ 2. _____ 3. _____ 4. _____	<input type="checkbox"/> Yes <input type="checkbox"/> No _____ <input type="checkbox"/> Yes <input type="checkbox"/> No _____ <input type="checkbox"/> Yes <input type="checkbox"/> No _____ <input type="checkbox"/> Yes <input type="checkbox"/> No _____

Benchmark/Short-Term Objective: By one month, Andre will identify antecedents to his outbursts or impulsive behaviors, and devise a plan to be aware of these precursors, modulate his emotions and seek appropriate expression of his feelings. By two months, he will utilize this plan to reduce impulsive and risky behaviors to 2X/month.

Date:
 Achieved
 Reviewed

Person(s) Responsible: therapist, teacher, parent, student

Benchmark/Short-Term Objective: By four months, Andre will utilize his plan to reduce impulsive and risky behaviors to no more than 1X/month.

Date:
 Achieved
 Reviewed

Person(s) Responsible: therapist, teacher, parent, student

 Student Signature

 Date

 Signature of Parent

 Date

 Signature of Mental Health Services Representative

 Date