# Menu of Evidence-Based Supports

**Targeted/ Intensive (High-risk students) Individual Interventions (3-5% need)**

- FBA-based Behavior Intervention Plan
- Replacement Behavior Training
- Cognitive Behavioral Counseling/Therapy
- Family therapy/Wrap Around/Agencies included

**Selected (At-risk Students)**

**Classroom & Small Group Strategies**

**(10-25% of students respond)**

- Behavioral contracting
- Self monitoring
- School-home note
- Mentor-based program
- Differential reinforcement
- Positive Peer Reporting
- Small group SEL or SS training

**Universal (All Students) School/classwide, Equity & Culturally Relevant & Responsive Systems of Support (75-90% of students respond) POSITIVE RELATIONSHIPS WITH ALL STUDENTS; PROGRESSIVE RESPONSE TO PROBLEM BEHAVIOR**

- Schoolwide PBIS
- SEL curriculum
- Good behavior game
- 17 Proactive classroom management
- Physiology for learning: Diet, Exercise, Sleep hygiene, stress management