

<b>Resource Title</b>	<b>Group-Based Interventions for Student's with "Can't Do" Problems</b>
<b>Purpose(s)</b>	The purpose of this document is to describe different curricula that have been developed to teach students specific social, emotional, and behavioral skills. These curricula are for "Can't Do" students, that is, those students who don't possess certain skills and need specific direct instruction in order to acquire and apply them during naturally occurring situations inside and outside of school.
<b>Social Skills Curriculum</b>	<ul style="list-style-type: none"><li>• Skillstreaming<ul style="list-style-type: none"><li>○ Authors - Arnold Goldstein and Ellen McGinnis</li><li>○ <a href="http://www.skillstreaming.com/">http://www.skillstreaming.com/</a></li><li>○ Costs - \$79.95</li></ul></li><li>• PEERS curriculum (for students with ASD but can be used for all students who struggle to make friends)<ul style="list-style-type: none"><li>○ Authors - Elizabeth Laugeson</li><li>○ <a href="http://www.semel.ucla.edu/peers">http://www.semel.ucla.edu/peers</a> &amp; <a href="http://www.amazon.com/The-PEERS-Curriculum-School-Based-Professionals/dp/041562696X">http://www.amazon.com/The-PEERS-Curriculum-School-Based-Professionals/dp/041562696X</a></li><li>○ Costs - \$50.00</li></ul></li><li>• Social Skills Improvement System – Intervention Guide<ul style="list-style-type: none"><li>○ Frank Gresham and Stephen Elliott</li><li>○ <a href="http://www.pearsonclinical.com/psychology/products/100000355/social-skills-improvement-system-ssis-intervention-guide.html">http://www.pearsonclinical.com/psychology/products/100000355/social-skills-improvement-system-ssis-intervention-guide.html</a></li><li>○ Costs - \$125.00</li></ul></li><li>• The ACCEPTS Program<ul style="list-style-type: none"><li>○ Authors – Hill Walker</li><li>○ Website - <a href="http://www.proedinc.com/customer/productView.aspx?ID=62">http://www.proedinc.com/customer/productView.aspx?ID=62</a></li><li>○ Costs - \$73.00</li></ul></li><li>• PREPARE Program (Goldstein)<ul style="list-style-type: none"><li>○ Author – Arnold Goldstein</li><li>○ Website - <a href="https://www.researchpress.com/books/818/prepare-curriculum">https://www.researchpress.com/books/818/prepare-curriculum</a></li><li>○ Costs - \$42.00</li></ul></li></ul>

## Emotional Regulation Curriculum

- Coping Power Program
  - Focus of curriculum – Anger management and reduction of aggressive behaviors
  - Authors – John Lochman
  - Website - <http://www.copingpower.com/Manuals.aspx>
  - Costs - \$60.00
- Coping Cat Program
  - Focus of curriculum – Management of anxiety
  - Authors – Phillip Kendall
  - Website - <http://www.workbookpublishing.com/>
  - Costs - \$50.00
- Coping with Stress
  - Focus of curriculum – Stress management
  - Authors – Greg Clarke
  - Website - <http://www.kpchr.org/research/public/acwd/acwd.html>
  - Costs – Free!!!!
- Adolescent Coping with Depression Course
  - Focus of curriculum – Depression prevention and reduction
  - Authors – Greg Clarke
  - Website <http://www.kpchr.org/research/public/acwd/acwd.html>
  - Costs - Free!!!!
- Cognitive Behavioral Intervention for Trauma in Schools
  - Focus of curriculum – Focus on reduction of emotional and behavioral concerns associated with trauma
  - Authors – Lisa Jaycox and Sheryl Kataoka
  - Website - <https://cbitsprogram.org/>
  - Costs – contact developers via website for precise costs
- Emotional Regulation
  - Focus of curriculum – Learning skills to manage emotions and solve interpersonal conflicts
  - Authors – Practitioners at Mass General Hospital
  - Website - [http://www2.massgeneral.org/schoolpsychiatry/classroom\\_selfregulation.asp](http://www2.massgeneral.org/schoolpsychiatry/classroom_selfregulation.asp)
  - Costs – Free!

## Executive Functioning Curriculum

- Homework, Organization, and Planning Skills (HOPS) Intervention
  - Authors – Joshua Langberg
  - <http://www.nasponline.org/publications/booksproducts/N1108.aspx>
  - Costs - \$52.00

**Executive  
Functioning  
Curriculum**  
*(continued)*

- Promoting Executive Function in the Classroom (What Works for Special-Needs Learners)
  - Authors – Lynn Metzler
  - <http://www.guilford.com/books/Promoting-Executive-Function-in-the-Classroom/Lynn-Meltzer/9781606236161>
  - Costs - \$32.00
- Executive Function Skill-Building Program
  - <http://premier.us/tools-planning/products-students/programs-workshops/executive-functions-skill-building-program>
  - Costs – request a quote