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| <p>Resource Title</p> | <p>The Incredible 5-Point Scale</p> |
| <p>What is it?</p> | <p>It is a strategy that incorporates a visual scale with numbers 1-5 to assist children in the Autism Spectrum Disorder (ASD) understand and control their emotional responses. This allows students to ultimately self-manage their behavior.</p> |
| <p>Purpose(s)</p> | <p>You can use a variety of scales that have been created and compiled in the book “The Incredible 5-Point Scale” or develop your own scale, by breaking down behaviors into concrete parts to help your student or child better understand what it is you are asking of him. The authors of The Incredible 5-Point Scale found that it is best to introduce the scale in a 1:1 teaching session, and once the student understands the ratings, the scales can be used in small groups both at school and at home.</p> <p>Some behaviors that can be addressed through The 5-Point Scale:</p> <ul style="list-style-type: none"> • Voice Volume • Obsessional Index • Anxiety Index • Meeting and Greeting Others • Learning About Control • Touching Scale • Understanding Feelings <ul style="list-style-type: none"> ○ mad, angry, scared, afraid, etc. |
| <p>Intended Implementer(s)</p> | <p>Teachers/School Staff Parents/Caregivers Mental Health Staff</p> |
| <p>Applicable Population(s) / Grade Levels</p> | <p>Authors of The Incredible 5-Point Scale have used the scale with kindergarten student with Autism, as well as with students with ASD who had some difficulties in social readiness skills. These scales have also been used positively with students who have multiple labels. Can be used as an RTI 2 intervention or as part of a comprehensive plan in RTI 3.</p> |
| <p>Source of Products or Websites</p> | <p>Buron, K. D., & Curtis, M. (2003). <i>The Incredible 5-Point Scale: Assisting students with autism spectrum disorders in understanding social interactions and controlling their emotional responses.</i></p> |

Shawnee Mission, KS: Autism Asperger Publishing Company.
<http://aapcpublishing.net>

http://www.autisminternetmodules.org/mod_intro.php?mod_id=19

www.theautismprogram.org/wp-content/uploads/2013/12/5-point-scale.pdf

<http://www.autismempowerment.org/wp-content/uploads/2013/12/Incredible-5-Point-Scale-Fact-Sheet-rev.pdf>

Autism 5-Point Scale EP on the App Store on iTunes – Apple:
<https://itunes.apple.com/us/app/autism-5-point-scale-ep/id467303313?mt=8>

Videos:

<https://www.youtube.com/watch?v=IYs919vCE0E>